

Permit Requirements:

Diagnostic Clinician: Qualifications required to certify patients for the medical psilocybin program:

- Have a current and valid license from a recognized New Mexico licensing board which allows diagnosing the qualifying medical condition within their licensure scope of practice (as outlined by their governing licensure Board); and,
- Have a New Mexico Controlled Substance number; and,
- Complete required NMDOH training and continuing educational training requirements annually; and,
- Apply, receive, and maintain a valid permit from the NMDOH medical psilocybin program as a diagnostic clinician.

Practitioner: means an individual who is a licensed healthcare professional who is certified by the department to provide medical psilocybin integrative therapy, supervise facilitators, supervise administrative sessions, supervise same-day therapy sessions, and who has completed department required trainings.

Practitioner (Lead Practitioner): Qualifications to provide psilocybin therapy sessions and supervise facilitators:

- Have a current and valid license from a recognized New Mexico licensing board which allows for the delivery of counseling, mental health therapy, or behavioral health therapy within their licensure scope of practice (as outlined by their governing licensure Board); and,
- Complete required NMDOH training and continuing educational training requirements; and,
- Apply, receive, and maintain a valid permit from the NMDOH medical psilocybin program as a practitioner.

Facilitator: an individual who has completed training and education approved by the department to be able to assist practitioners during the administration sessions and who has been registered with the department.

Facilitator: Qualifications to provide facilitator services:

- Complete required NMDOH training and continuing educational training requirements; and,
- Apply, receive, and maintain a valid permit from the NMDOH medical psilocybin program as a facilitator.

Educational requirements:

Diagnostic Clinician

- **New Mexico Module**
 - **Medical Psilocybin Act:** why, how, timeline, state vs federal laws, risks, malpractice
 - **Overview of Psilocybin Therapy in New Mexico:**
 - Patient flow
 - Emergency response plans
 - Billing/coding
 - Informed consent (for psychedelics)
 - Documentation requirements (registration/data collection)
 - HIPPA compliance
 - **Cultural Competency and Sensitivity**
 - **Equity and Access**
 - **History of NM cultural considerations**
 - **Non-Western/traditional medical models**, language barriers, involvement of other professionals including religious leaders, death doulas, indigenous healers, curanderas, others; history of psilocybin and psychedelic use in New Mexico
 - **SERT:** spiritual, existential, religious, theological concerns, existential processing
 - **Test**
- **Psilocybin pharmacokinetics:**
 - Psilocin Medication/ Supplement Interactions
 - How psilocybin is processed in the body, dosing, half-life, etc.
- **Overview of Responsibilities for Diagnosing Clinician**
 - Scope of Practice - roles within care team
 - Diagnosis
- **Education on diagnosing qualifying conditions/medical clearance**
 - Benefit vs risk evaluation
 - Medication evaluation/monitoring

- **Medical Monitoring/Emergency Situations**
- **Research Evaluation**
- **Test**

Practitioner

- **New Mexico Module**
 - **Medical Psilocybin Act:** why, how, timeline, state vs federal laws, risks, malpractice
 - **Overview of Psilocybin Therapy in New Mexico:**
 - Patient flow
 - Emergency response plans
 - Billing/coding
 - Informed consent (for psychedelics)
 - Documentation requirements
 - Audit of records (how it occurs)
 - HIPPA compliance
 - **Cultural Competency and Sensitivity**
 - **Equity and Access**
 - **History of NM cultural considerations**
 - **Non-Western/traditional medical models**, language barriers, involvement of other professionals including religious leaders, death doulas, indigenous healers, curanderas, others; history of psilocybin and psychedelic use in New Mexico
 - **SERT:** spiritual, existential, religious, theological concerns, existential processing
 - **Test**
- **Basic Module for Practitioners**
 - **Basic Life Support Certification (BLS)**
 - CPR
 - Basic First Aid certification; and,
 - For those conducting sessions in natural environments:
 - Wilderness First Aid certification; or,
 - Wilderness First Responder certification
 - **HIPAA Certification**
 - **Overview of Responsibilities for practitioner**
 - Scope of Practice - roles within care team
 - Therapeutic responsibilities

- **Research Evaluation**
 - Finding research on psilocybin
 - Reading research on psilocybin
 - Review of current research occurring
- **Test**
- **Psilocybin Therapeutic Module**
 - **Psilocybin pharmacokinetics**
 - **Session/Dosing Experience**
 - **Review/Education of Psychedelic Therapeutic Modalities**
 - History of psilocybin use
 - Models of psilocybin treatment
 - Cultural and spiritual humility
 - Patient autonomy
 - Non-Ordinary States of Consciousness
 - Ethics
 - Power dynamics, including personal bias
 - Touch (Supportive Touch/consent)
 - Non-directive approach
 - Trauma Informed Care
 - **Individual Treatment Modalities**
 - **Group Treatment Modalities and Group Dynamics**
 - **Psychedelic de-escalation techniques**
 - **Self-Care**
 - **Test**
- **Set and Setting Module**
 - **Room/building/therapy space**
 - **Preparation Sessions**
 - How to communicate with patients about their therapeutic goals/aims in psychedelic sessions
 - How to explain psychedelic experiences for patients
 - Trauma Informed Care
 - **Administration Day**
 - Transportation- to and from and ensure safety
 - Medication use
 - Therapy modalities
 - Emergency preparedness
 - **Integrative Sessions (post-administration)**
 - Models of therapy appropriate for psilocybin treatment

- Trauma Informed Care
 - **Medical Monitoring during sessions**
 - **Psychedelic Emergencies/Urgencies/Safety Protocols**
 - **Test**
- **Simulated Patient Module (including evaluation)**
- **Practicum requirements** (see section on practicum)

Facilitator

- **New Mexico Module**
 - **Medical Psilocybin Act:** why, how, timeline, state vs federal laws, risks, malpractice
 - **Overview of Psilocybin Therapy in New Mexico:**
 - Patient flow
 - Emergency response plans
 - Billing/coding
 - Informed consent (for psychedelics)
 - Documentation requirements
 - Audit of records (how it occurs)
 - HIPPA compliance
 - **Cultural Competency and Sensitivity**
 - **Equity and Access**
 - **History of NM cultural considerations**
 - **Non-Western/traditional medical models**, language barriers, involvement of other professionals including religious leaders, death doulas, indigenous healers, curanderas, others; history of psilocybin and psychedelic use in New Mexico
 - **SERT:** spiritual, existential, religious, theological concerns, existential processing
- **Basic Module for Facilitators**
 - **Basic Life Support Certification (BLS) (First aid, WFA, WFR)**
 - CPR
 - Basic First Aid certification; and,
 - For those conducting sessions in natural environments:
 - Wilderness First Aid certification; or,
 - Wilderness First Responder certification
 - **HIPAA Certification**
 - **Overview of Responsibilities for facilitator**

- Scope of Practice - roles within care team
 - Responsibilities in focusing on patients
- **Overview of therapeutic practices (ie, a 101-type overview)**
 - Ethics
 - Confidentiality
 - Therapeutic Modalities
- **Research Evaluation**
 - Finding research on psilocybin
 - Reading research on psilocybin
 - Review of current research occurring
- **Test**
- **Psilocybin Therapeutic Module**
 - **Psilocybin pharmacokinetics**
 - **Session/Dosing Experience**
 - **Review/Education of Psychedelic Therapeutic Modalities**
 - History of psilocybin use
 - Models of psilocybin treatment
 - Cultural humility
 - Patient autonomy
 - Non-Ordinary States of Consciousness
 - Ethics
 - Power dynamics – including bias
 - Touch (Supportive Touch/consent)
 - Non-directive approach
 - Trauma Informed Care
 - **Individual Treatment Modalities**
 - **Group Treatment Modalities and Group Dynamics**
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 - **Self-Care**
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- **Set and Setting Module**
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- Transportation – to and from and ensure safety
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- **Integrative Sessions (post-administration)**
 - Models of therapy appropriate for psilocybin treatment
 - Trauma Informed Care
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- **Test**
- **Simulated Patient Module (including evaluation)**
Practicum requirements (see section on practicum)

Practicum Requirements:

- Supervised practice training, otherwise referred to as a practicum, must include a minimum of one hundred (100) hours of supervised practice training for Facilitators and one hundred and twenty (120) hours for Practitioners.
 - Students shall participate in a minimum of eighty (80) hours of administration and same-day therapy sessions, where students are provided the opportunity to experience, observe, or conduct supervised facilitation of administration and therapy sessions in-person with a minimum of fourteen (14) different patients over a minimum of 8 different administration and same-day therapy sessions with the following criteria:
 - A minimum of six (6) different patients during a minimum of six (6) individual administration and same-day therapy sessions; and,
 - A minimum of two (2) different group administration and same-day therapy sessions with four (4) or more patients in each group administration and same-day therapy session.
 - Students shall participate in a minimum of twenty (20) hours of in-person preparation and post-integration therapy sessions, where students are provided the opportunity to experience, observe, or conduct (when licensure allows) preparatory or integrative therapy sessions.
 - This must include a minimum of six (6) different patients during individual sessions.
 - This must include at least one (1) group preparatory and one (1) group post-integration session with a minimum of four (4) or more patients.
 - Practitioners must complete an additional minimum of twenty (20) hours as a practitioner supervising facilitators during in-person administration and same-day therapy sessions.
 - A minimum of two (2) different patients during individual administration and same-day therapy sessions; and,

- A minimum of one (1) group administration and same-day therapy sessions with a minimum of four (4) or more patients in the group.
- All practicum hours must take place in an approved Healing Center.
- Practicum supervisors and students shall follow all rules and best practices that apply to facilitation including but not limited to standards for confidentiality and limits on scope of practice.

Mentoring Requirements

- All educational programs must provide each practitioner and facilitator student with 10 hours minimum of mentoring sessions after graduation and practicum hours are completed.
- The purpose of the mentoring sessions are to allow new graduates to consult with the educational program faculty regarding cases, patients, situations, and how they handle them.
- These sessions may not have additional charges beyond the cost of the educational program itself.
- These 10 hours are only valid for up to 12 months after graduation and practicum hours are completed.
- If students wish for more than 10 hours of mentoring sessions, this will be at the purview of the educational program and may have an additional cost.

Psilocybin Educational Program Record Keeping

- Educational programs shall maintain records for:
 - All course syllabi,
 - Enrollment records including the:
 - Name of each student
 - Date of start and completion for each student
 - Examination results for each student
 - Dates, locations, and number of patients seen during each of the practicum sessions;
 - For Practitioner students, the facilitators they supervise during practicum also needs to be recorded.
 - Shall upload the completion certificate into the department approved online portal.
- Educational programs shall provide current and former students their records upon request.
- Educational programs shall provide records required to be maintained under this rule to the department upon request.
- These records must be maintained for five years.
- Ensure consent and confidentiality

Continuing Education Requirements

- Diagnostic Clinicians must complete a minimum of eight (8) hours of continuing medical education credits specific to psychedelic medicine or therapy every two years.
- Practitioners and Facilitators:
 - Complete a minimum of twenty (20) hours of continuing education credits specified to psychedelic therapy and practice every two years.
 - Keep current Basic Life Support Certification (BLS)/CPR/Basic First Aid in addition to the 20 hours of CEUs

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